Early Stage SUPPORT Group

When: Second Tuesday of the Month
1:00 - 2:30 P.M.

Where: New Cassel Retirement Center, Community Room (enter through the west/back entrance)

900 N 90th St, Omaha, NE 68114

For questions, please contact Melanie Haynes McCurry at 402.390.5326.

Visit www.alz.org/nebraska to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected, our online community, at alzconnected.org.

ALZHEIMER'S ASSOCIATION
Nebraska Chapter

Build a support system with people who understand.

The Alzheimer's Association early stage programs offer an opportunity for individuals living with Mild Cognitive Impairment (MCI), early-stage dementia or those who are experiencing changes in memory to comfortably engage with and connect to others who are on a similar journey. Together, we can:

- **Develop a support system.**
- **Exchange practical information on challenges and possible solutions.**
- **Talk through issues and ways of coping.**
- **Share feelings, needs and concerns.**
- **Learn about community resources.**

