PANDO
GERIATRIC COUNSELING

COFFEE & CONVERSATION WITH A THERAPIST

SUPPORT. EDUCATION. MEANINGFUL CONNECTION.



Coffee & Conversation is a relaxed, informal opportunity to connect with a therapist and explore topics that matter in everyday life. Each gathering focuses on a different topic, offering practical insight, meaningful conversation, and a chance to ask questions in a welcoming, no-pressure environment.

No therapy appointment. No formal group therapy. Just coffee, conversation, and thoughtful discussion about life.

DATE:
NOVEMBER 23, 2026

TIME:
3:00PM

LOCATION:
Remington Heights
12606 W. Dodge Road, Omaha, NE 68154

TOPIC:
COPING WITH HOLIDAY STRESS



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